

Rabbit Wraps

About this recipe

Chef(s): Megan McDaniel

Location: RichardsonISD-Richardson High School-North TX Recipe Book-Vol.2-2017

Nutrition Information

Calories - 130

Fat – 3.5 grams

Sat. Fat – 2 gram

Fiber - 3 grams

Sugar - 3 grams

Ingredients

1 whole wheat tortilla, “fajita” size

1 cup baby spinach

1 wedge spreadable cheese, white cheddar, light

2 Tbsp. shredded carrot

Directions

1. Put tortilla on a plate
2. Open cheese wedge package and use a butter knife to spread the cheese onto the tortilla
3. Put baby spinach on top of cheese
4. Put the shredded carrot in the middle of the tortilla on top of the spinach
5. Roll the tortilla as tight as you can, cut the wrap in half and secure each half with a toothpick

(serves 1)